



## AQUAFITNESS

### Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 - 9:30 AM	Aquagym	Aquagym	Aquagym	Aquagym	Aquagym	Aquagym
9:45 - 10:30 AM	Aquabike	Aquabike	Aquabike	Aquabike	Aquabike	
5:30 - 6:15 PM	Aquagym	Aquagym	Aquagym	Aquagym	Aquagym	

Advance booking required at the Spa reception at least 24 hours ahead.

The class schedule is indicative and may change depending on availability.  
For more information, call 29.64.44.

Access to the class schedule includes the Aquatonic® Circuit,  
Sauna, Hammam & Ice Bath.